



Creative Juices  
Consulting

## **24 Hours of Booty 2015**

### **Cherry Zinger**

**2 cups frozen cherries**  
**1 banana**  
**1 – 2 handful(s) kale**  
**½ fresh orange with pith**  
**6 oz orange juice**  
**6 oz coconut water**  
**1 TBSP agave nectar**  
**Dash cinnamon**  
**Ice**

**Place all of the ingredients in VitaMix. Start on a low speed and increase to high. Blend until smooth. Enjoy!**