



Creative Juices
Consulting

24 Hours of Booty 2015

Dunkin Donut® Smoothie

2 Dunkin Donut® cake donuts

1 TBSP cocoa powder

1 TBSP honey

Dash cinnamon

1 banana

½ cup plain Fage® yogurt

¾ cup unsweetened almond milk

Ice

Ok, in a moment of creative genius, we decided to take a detour from our healthier smoothies. Reserve this recipe for your 20% times when you just want something sweet and yummy.

Place all of the ingredients in VitaMix. Start on a low speed and increase to high. Blend until smooth. Enjoy!

