



**Creative Juices
Consulting**

Fresh Fruit Skewers with Cream Dip

½ to ¾ cup heavy whipping cream (whipped)

½ cup Greek Yogurt

1 Tbsp Lemon juice

3 Tbsp pure maple syrup, grade B

Zest of one lemon

Mix well and serve with any combination of fresh fruit on skewers. Strawberries, raspberries and blackberries are especially yummy!