



Creative Juices  
Consulting

## 24 Hours of Booty 2015

### Mango-Tomato Smoothie

- **1 mango, peeled and pitted**
- **4 ounces unsweetened almond milk**
- **2 Campari tomatoes**
- **1 cup pineapple, cubed**
- **3 sprigs cilantro**
- **2 cups fresh baby spinach**
- **2 cubes crystalized ginger**
- **Ice**

**Place all of the ingredients in VitaMix. Start on a low speed and increase to high. Blend until smooth. Enjoy!**