



Creative Juices
Consulting

24 Hours of Booty 2014

Tropic with a Twist

(A crowd favorite)

14 ounces Zico® Pineapple Coconut water

4 white peaches

1 banana

3 slices young summer squash (I used a fresh lemon squash from the garden)

1 inch piece of crystalized ginger

12 red grapes

1 Tbsp local honey

ice

Place all ingredients in VitaMix® and blend until smooth. Enjoy Tropic with a Twist on a hot summer day when the summer squash are freshly picked. This drink was developed at 24 Hours of Booty® and was named by a precious little girl named Lauren who was visiting the Wind River® booth.....Thanks Lauren!