



Creative Juices  
Consulting

## 24 Hours of Booty 2015

### Ginger Mango Zinger

**2 cups frozen mango**  
**1 cup frozen pineapple**  
**1 slice yellow summer squash**  
**1 banana**  
**2 oz orange juice**  
**¼ inch fresh ginger**  
**1 cup unsweetened coconut milk**  
**ice**

**Place all of the ingredients in VitaMix. Start on a low speed and increase to high. Blend until smooth. This will be a thick, sherbet style smoothie. Add more liquid for a thinner consistency. Enjoy!**